I was thinking today...

What are we all about here? You're here with us in our Beyond Limits group. And I was thinking what are we really here for?

This is what I am feeling and I'd love to hear what you think and feel. Are you dealing with a physical condition? Pain or autoimmune issues... or anxiety, depression.... Or is there something in you that knows you can use spirit or energy or healing power to get more of what you want in life... to live a bigger life?

As I was thinking about you and all of us here, I came up with what I see we're doing here. Would love to hear what you think.

Here's what I see....

This is a little "manifesto" if you want to call it that and I think it touches who we are and what we are all about here. It can expand and evolve from here...

Words so many times don't quite convey the deeper meanings....

It's about love... and not fighting... yet believing in and standing for some thing....

Something big for yourself and your world... your family and your community....

There are more and more people nowadays who are realizing that there's more to life....

That there's gotta be a better way...

And what we've been told about how we should live, and what we should expect for

our lives ... for our health....for our kids... IS NOT TRUE... and it's never been true...

It's just that now so many people are realizing this. And are no longer satisfied with just going along with what we've been told to do for our health, our lives, our happiness....

I'm not exactly sure if there's a name or category for us...

All my life I've been searching for answers.
That's why I read the Bible at an early age...
really trying to understand healing and love....

I'm not like many people I think...but somehow I think most or at least many of us here are looking for answers to life... what it's really about and what we are here to do.....

And I don't think it's just about working hard and doing what we're told.....

## Here's what I see.

It's not that I want everyone to believe how I believe or want them all to be on the same healing path that I am on.....

It's not that I think I know all the answers...
I'm seeing that more and more, I know less and less... what is ultimate truth... anyone who tells us they know... we might wanna go look for ourselves instead.

It's not that I think other people don't see or know truth... it's that I am choosing to see the world as an abundant amazing place and looking to see what it is I am here to do....



So I think that's why I've spent the past 36 years and over \$3/4MM to study, learn and

use healing methods and explore more of what I am and what I am here to do....

People on this kind of journey of self discovery....self realization...asking that age old question... Who Am I? What Am I? Who or What Is It That Is Noticing? .....

I relate most to people asking questions and looking inside themselves for truth.

Something seemed elusive.... what is it really all about?... Life... how to live...what do do?...why?....

The further I got into all of this, the more I became aware that many of us miss something thats a key part of "Who I Am."

Something I think many of us feel is part of us, but haven't found the community that gets it.

Yes, I'm healer. Yes I'm exploring the nature of reality and looking to see what am I and what am I here to do.... How can I help people heal and do what I am here to do? ✓

So many people almost always focus on money/business and material things first.

- What about life bigger than our work?
- What about purpose?
- What about doing the right thing... what we know in our heart is the right thing?
- What about God? Yes I said it the G word.
- What about using Life as a way to Be.

See I think we're all here to do our version of life.... the kinda life that means something to us... What are we to do?

How about what we want to do!

Not what the powers that be want us to do... or what spiritual leaders tell us we should do... or social justice people say we should fight for... not even what the charities say we should donate to...

With YOUR LIFE.

What actions do you wanna take?

What movements do you wanna be a part of or create?

What if you had a group of people that were living their life from their heart, from spirit and doing stuff and taking actions and living their dream life now...?

- What if our group cared ... fighting the good fight ...for good... caring about higher causes/consciousness...
- What if we could know that any Obstacle truly is The Way and by going deep inside us, we could uncover the inner pains that all of this angst was really about and let it go?
- Nowing we have a team, a family, a culture of peace and healing warriors doing good work... that makes a difference for us, our families, our communities...
- ■What if we could take massive action?

What if we had a group of people that put responsibility for our own issues as the first thing to heal.... Instead of trying to change everyone else.

What if we could heal ourselves and heal the world?

That's my tribe. That's our group here.

And that's why I'm here doing what I do.

And I am so glad you are here doing what you are here to do...

Let me know what it is you wanna do, what you wanna create, how you wanna show up...

What is important to you and why that's your thing.... Your Big Why?

I know there are haters in the world... destroyers. The naysayers...
But that's not me. That's not us.

Here Beyond Limits:

We dream bigger. And we live in a world Beyond Limits.

- We believe what's in our hearts matter.
- We believe we can tune into our truth.
- ✓ We believe in higher purpose.
- ✓We see obstacles as the way.
- We see having an open heart as the key to happiness.
- We see our group as a powerful force for good.
- **V**Love
- ✓Power not force
- Abundance in all parts of our lives

And we also know that knowing what to do and taking action is key. Having our group is key... the group will get you there.

**This Is Our Beyond Limits Community**